

CCY TEST - EQUIPMENT CHECK LIST

DO NOT FORGET YOUR SIGNED MEMBERSHIP CARD.

Without it you will not be allowed to take your test.

The following to be packed into/on one rucksack - The only exception is that you may carry your food in a plastic bag which can then be used for taking your rubbish away.

Tip ----- line the rucksack with a bin liner to make it more waterproof.

PITCH

- Tent
- Pegs + spares
- Guy lines + spares
- Groundsheet
- Mallet
- Roll mat

COOKING

- Cooker
- Fuel or spare canister of gas
- Matches
- Windshield
- Cutlery
- Plate
- Dish
- Pans
- Cup / Mug
- Water container – fresh water
- Tin opener
- Menu (2 copies – 1 for the tester)
- Washbowl – (1 ltr. ice cream carton)
- Food – enough for one person for a weekend. To include fresh meat and vegetables.
- Salt and pepper (if req'd)
- Veg peeler and/or sharp knife. Make cardboard scabbard for your knife.

HYGIENE

- Soap – ¼ of a bar in poly bag
- Tooth brush
- Toothpaste
- Comb
- Towel – personal use
- Tea towel
- Wash up liquid – screw top pill jar (plastic) – wrapped in poly bag
- Wash bowl – personal use – (1 ltr. ice cream carton)
- Toilet paper
- Pan scrubber

PERSONAL

- Membership card - you will not be allowed to take your test without it
- Sleeping bag – to save space use a compression sac.
- Pillow – could be rolled up clothes.
- Change of clothes.
- Waterproofs.
- First aid kit – see Fundamentals of Good Camping page 23 for contents.
- Fire bucket / container – (1 ltr. ice cream carton)
- Compass
- Black bin liners – can be used for packing a wet tent in.
- Plastic shopping bags – for rubbish.
- Torch and spare batteries

ESSENTIAL EQUIPMENT

Tent, sleeping bag, cooker (gas, petrol, paraffin or methylated spirit.) , food, mallet, roll mat, pan set, plate, dish, cutlery, compass (preferably the Silva type), first aid kit, menu x 2, matches and Fundamentals of Good Camping. **MEMBERSHIP CARD**

SOME DO'S AND DON'TS

- **In case the weather is bad, make sure that you have a change of clothing. Dress sensibly for the time of year. Remember --- being cold is not being cool. The only way to impress the testers with the way you dress, is to dress sensibly.**
- Pack the ruck sac in such a way that the heavier items are close to your spine and near the top. Ensure that there are no pointed or sharp objects left to stick into your back.
- Heavy objects i.e. your tent should always be fastened to the top of the rucksack. Try to avoid anything banging against your legs.
- Eliminate any clanging noises. Wrap pots /cutlery in bags or your clothing.
- Keep cooker fuel away from your food and clothes.
- Use correctly marked containers for any liquid fuels. **DO NOT USE PLASTIC BOTTLES.**
- Pack your sac in a logical manner. Workout a priority order in which you need to use your things. Sleeping bags and clothing should not be taken out until you are in your tent.
- Remember to keep your waterproof clothing handy.
- Keep plenty of bags available for wet packs.
- In order to make it easier to fold your tent you can separate the tent and poles.
- Make sure that your sleeping bag is carried inside your rucksack and preferably wrapped in polythene bag.
- **REMEMBER** – The test assumes that you have made your own way to site and that you will be making your own way home. **DRESS and ACT accordingly.**